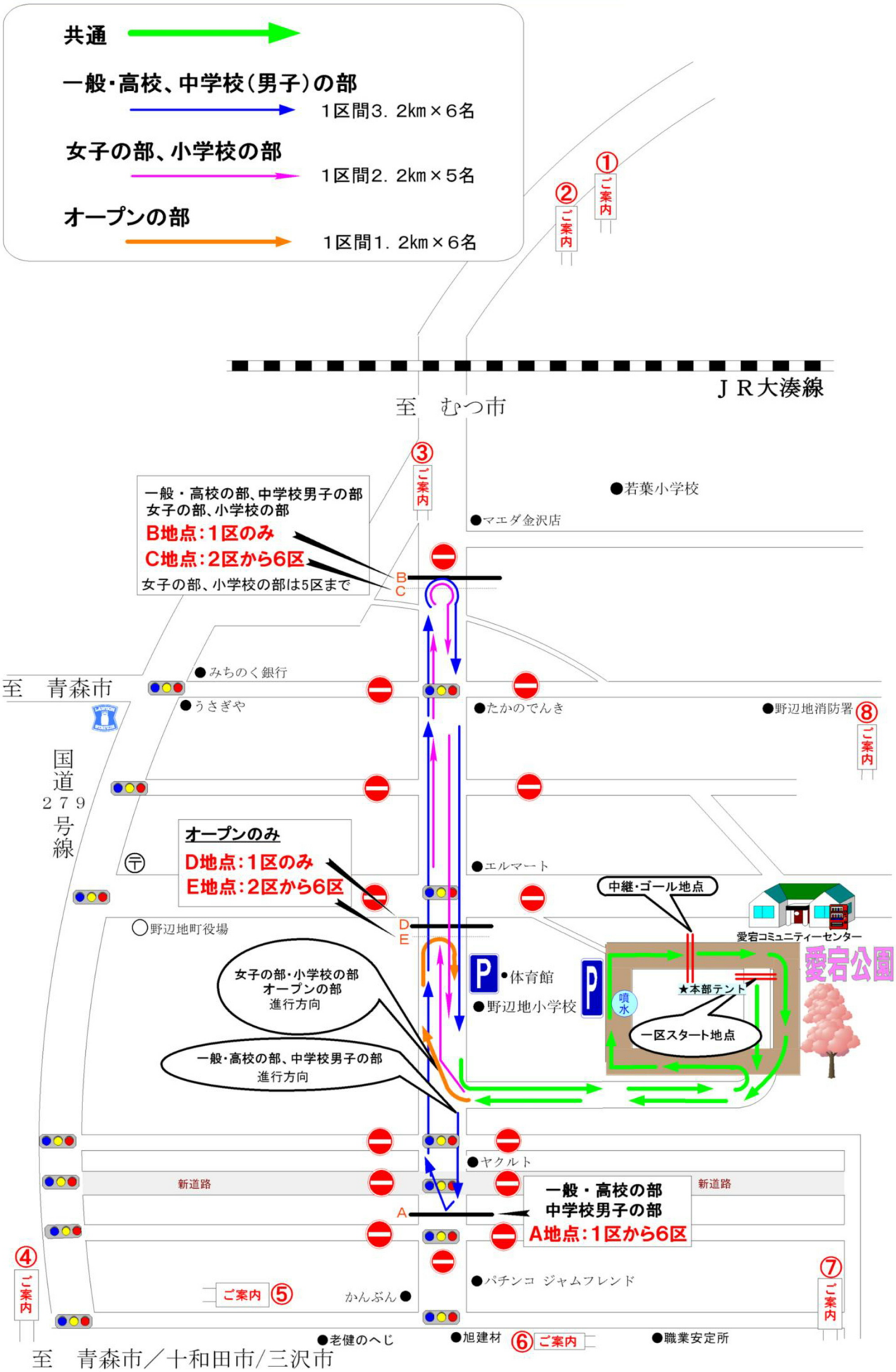第38回ホタテ駅伝大会コース